



Discussion Guide

Download, print, and bring this guide to your next appointment to get the most out of conversations with your doctor.

Choose the section that aligns most with what you're experiencing. Use the suggested questions to start, and then jot down notes or any other questions you might have.

I haven't been diagnosed with actinic keratosis (AK)

Consider asking your doctor:

- Are these sunspots AKs? Could they be cancerous?
- What kind of treatments are available?
- Why is LEVULAN® KERASTICK® + BLU-U® a good choice to treat my AKs?
- What causes them? Can I prevent new ones from occurring?

I want to try LEVULAN KERASTICK + BLU-U

Consider asking your doctor:

- What is photodynamic therapy (PDT)?
- What makes LEVULAN KERASTICK + BLU-U different?
- How well does it work and how long do the results last?
- What are the most common side effects?

I'm starting LEVULAN KERASTICK + BLU-U

Consider asking your doctor:

- How do I prepare for my treatment?
- Can AKs return? Will I need more than 1 treatment?
- How can I manage side effects if I experience them?
- When should I schedule a follow-up appointment?

IMPORTANT SAFETY INFORMATION

PATIENT INFORMATION

LEVULAN KERASTICK (aminolevulinic acid HCl) is for use only as an in-office treatment. LEVULAN KERASTICK treatment is given by a healthcare provider only and is not for use at home.

Please see additional Important Safety Information on the back and full Prescribing Information.

NOTES:

Scan to find a
**LEVULAN KERASTICK
+ BLU-U provider**

or visit
Levulan.com/find-levulan



**LEVULAN®
KERASTICK®** +
(aminolevulinic acid HCl)
for topical solution, 20%

BLU-U®
Blue Light Photodynamic Therapy
Illuminator Model 4170

IMPORTANT SAFETY INFORMATION (continued)

What is LEVULAN KERASTICK?

LEVULAN KERASTICK is a prescription medicine used on the skin with blue light treatment (BLU-U Blue Light Photodynamic Therapy or PDT) for the treatment of minimally to moderately thick actinic keratoses (AKs) of the face, scalp, or upper arms.

It is not known if LEVULAN KERASTICK is safe and effective in children under 18 years of age.

Who should not receive LEVULAN KERASTICK treatment?

Do not receive LEVULAN KERASTICK treatment if you:

- are allergic to aminolevulinic acid HCl or to any of the ingredients in LEVULAN KERASTICK.
- have porphyria or are allergic to porphyrins
- have a skin sensitivity to blue light.

Before receiving LEVULAN KERASTICK treatment, tell your healthcare provider about all of your medical conditions, including if you:

- have blood clotting problems
- are pregnant or plan to become pregnant. It is not known if LEVULAN KERASTICK will harm your unborn baby.
- are breastfeeding or plan to breastfeed. It is not known if LEVULAN KERASTICK passes into your breast milk. Talk to your healthcare provider about the best way to feed your baby during LEVULAN KERASTICK treatment.
- Tell your healthcare provider about all of the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. LEVULAN KERASTICK and other medicines may affect each other.

How will I receive LEVULAN KERASTICK treatment?

- LEVULAN KERASTICK treatment is received in two parts:
 - Your healthcare provider will apply LEVULAN KERASTICK topical solution to your skin lesions. You should not wash the treated areas before you return to your healthcare provider for blue light treatment.
 - After the prescribed amount of time you will return to your healthcare provider for blue light treatment. If you cannot return for blue light treatment on schedule, avoid sunlight and bright indoor light for at least 40 hours after LEVULAN KERASTICK topical solution has been applied.
- During blue light treatment, you will likely feel tingling, stinging, prickling, or burning of the treated areas.

What should I avoid during LEVULAN KERASTICK treatment?

After LEVULAN KERASTICK topical solution is applied to your skin you should avoid sunlight or bright indoor light (such as examination lights, operating room lights, tanning beds, or lights that are close to you) for 40 hours. During this time, the treated areas of your skin will become sensitive to light.

Exposure to light during this time may cause you to feel a burning or stinging sensation and may cause your treated lesions to become red or swollen. You should wear appropriate protective apparel such as a wide-brimmed hat, long sleeve shirt, and gloves to protect your treated skin from sunlight and other bright light.

Sunscreen will not protect the treated areas of your skin against sensitivity to light.

What are the possible side effects of LEVULAN KERASTICK?

LEVULAN KERASTICK may cause serious side effects, including:

- **Temporary memory problems:** Temporary memory problems have happened during treatment with LEVULAN KERASTICK in combination with BLU-U Blue Light Photodynamic Therapy Illuminator. You or your family members or caregiver should call your healthcare provider right away if you develop any problems with memory, confusion, or disorientation during treatment.
- **Sensitivity to light**
- **Skin irritation.** LEVULAN KERASTICK topical solution contains alcohol and may cause skin irritation if covered or bandaged for longer than 3 hours

The common side effects of LEVULAN KERASTICK include:

Local skin reactions including redness, swelling, stinging and burning, scaling, crusting, oozing, pustules, welts, scabbing, itching, erosion, changes in skin color, bleeding, tenderness, changes in the sense of touch, and dryness.

These are not all the possible side effects of LEVULAN KERASTICK.

Call your doctor for medical advice about side effects.

You may report side effects to FDA at 1-800-FDA 1088 or www.fda.gov/medwatch.

Please see full Prescribing Information here: www.levulan.com/LEVULAN-Prescribing-Information.pdf.



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PM-US-LEV-0727 3/24

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KERASTICK[®] + BLU-U[®]
(aminolevulinic acid HCl) Blue Light Photodynamic Therapy
for topical solution, 20% Illuminator Model 4170